

The Northstar:

A Quarterly Newsletter for CRC Seniors



Summer 2019
Volume 9, Issue 3

All Aboard for our Summer Outings!

Bus leaves CRC at 10:00am to begin pick-up unless otherwise noted. Call (614)268-3539 today to register!



Monday July 15— Shop at the **Dollar Tree** for great deals and eat lunch at **Fitzy's Diner**.

Friday July 19— Enjoy live music & BBQ at the **Columbus Jazz and Ribs Festival**. Lunch will be at the festival.

Thursday Aug. 29— We all scream for ice cream! Come eat lunch & ice cream at **Young's Dairy Farm** in Yellow Springs!
Bus leaves 9am.

Friday August 30—Opa! Come enjoy the **Greek Festival (\$4 Admission)** at the **Annunciation Greek Orthodox Cathedral**. Enjoy some Greek treats when you eat lunch at the festival!

Friday, Sept. 6—Get inspired at the **Fall Home and Garden Show** taking place at the Fairgrounds. **Admission is \$8** with food vendors on site.

Friday September 20— Travel back in time to the **Ohio History Connection**. The featured exhibit is **1950's: Building the American Dream**. Admission is **\$10** with lunch at **Smith's Deli**.



CRC will be closed on
July 4
&
Sept. 2

Join us for special monthly trip for groceries!

CRC offers monthly transportation to our food pantry located at our Lakeview Office. Call (614) 268-3539 to sign up!

Bus leaves the CRC at 9am

July 25, August 22, September 26

Each person may shop at the pantry ONCE per month and you must be signed-up for transportation to attend this trip.

Tuesdays at CRC—Don't Miss the Excitement!

Events held 11am-1pm at CRC's 3222 N. High St. location. Bus leaves at 9:30am.
Snacks will be provided - bring a sack lunch if you like!



July 16- Red, White, and Blue Party: Participate in an America themed party! Bring your most American dish to share with others all the while celebrating the colors of our United States!



August 20- Ridesharing 101: Even with all of the resources out there, getting around Columbus can be hard! Come to this fun event and learn more about ridesharing programs out there. Don't forget to bring your smartphone!



September 17- Card making for Children's Hospital: Cards sometimes have a way of brightening someone's day. Pay it forward at this event and bring a smile to a sick child's face!

Lucky's Market

Bus leaves at 10am

July 12 & 26:

Lucky's & Wildflower Cafe

August 9 & 23:

Lucky's & Aladdin's

September 13 & 27:

Lucky's & Rooster's

Farmer's Market Dates

Bus leaves at 8:30am.

July 6– Clintonville

July 13– Worthington

July 20– Clintonville

August 3– Clintonville

August 10– Worthington

August 17– Clintonville

Sept. 7– Clintonville

Sept. 14– Worthington

Sept. 21– Clintonville

Marc's on Henderson Rd.

Bus leaves at 11:30am

July 29- with White Castle

Aug. 26- with City BBQ

Sept. 30- with KFC

Grocery and Other Shopping Trips:

Specialty Grocery Shopping:

Bus leaves at 10:00am

July 22- Carfagna's & Tee Jay's

August 19- Trader Joe's & Chuy's

September 23- Pepperidge Farm & Golden Corral

Silver Drive Aldi

Bus leaves at 9:30am

July 9, August 6, & September 10

Sawmill Rd. Aldi

Bus leaves at 11:00am

July 2 (lunch at Steak n' Shake), August 13 (lunch at Piada) & Sept. 3 (lunch at Wendy's)

Neighborhood and North Community

Bus leaves at 9:30am

Sawmill Meijer– July 3, 17 & 31, Aug. 14, & 28, Sept. 11 & 25

UA Market District– July 10 & 24, Aug. 7 & 21, Sept. 4 & 18

Northland Senior Village-Morse Rd. Walmart

Pick up at 9:30am (Village III) & 9:45am (Village I)

July 12 & 26, Aug. 9 & 23, Sept. 13 & 27

St. George Apartments:

Bus Leaves at 12:30pm

Bethel Rd. Walmart: July 5, Aug 2, Sept 6

Graceland Kroger: July 12, 19, 26

August 9, 16, 23, 30

September 13, 20, 27

Breakfast Club

Dine with your neighbors at our monthly Breakfast Club! Bring a potluck dish to share if you'd like.

Dates: July 11, August 8, & September 12

Bus leaves the CRC at 9:30am.

Breakfast Club events are held from 11am-1pm at the North Broadway United Methodist Church, located at 48 E. North Broadway- West Side Entrance.

Sunday Breakfast at CRC Lakeview!



Enjoy delicious breakfast and fellowship with your neighbors! Foods brought to our Lakeview location from local churches. Come every Sunday morning from 10am until Noon.

CRC bus leaves at 8:30am.

Senior Support Group

This support group focuses on issues facing today's seniors. We meet from 2:00 to 3:30pm at CRC's 3222 N. High St. location.

Bus leaves at 1:00pm.

July 1, 15, 29

August 12 & 26

September 9 & 23

Library Visits

Come and enrich your life at the Whetstone Library! Once a month you can visit the library and check out materials.

Dates: July 8, August 5, & Sept. 16

Bus leaves at 9:00am

CRC's Outreach Workers are here for YOU!

Some of the things we help with include: understanding Medicare and Medicaid, meeting basic needs, accessing community resources, and linking to healthcare services.

Call 614-268-3539 to speak with your outreach worker or to schedule a meeting!

Thrift Store Trips to the VOA on Half Price Tues!

Bus leaves at 9am

Lunch will be **AFTER** shopping

Indianola & McDonald's
Tuesday, July 30

Henderson Rd. VOA only
Tuesday, August 27

Indianola & Skyline
Tuesday, Sept. 24

CRC'S MONTHLY COFFEE KLATCHES

Enjoy some coffee and sweets with your neighbors!

St. George: July 1, August 5, September 3* (Meets at 2pm)

North Comm. Place: July 8, August 12, September 9 (Meets at 2pm)

*Please note in observation of Labor Day the St. George Klatch will be on Tuesday on the 3rd.

Our Sponsors:



Thank you for making our important work possible!

Contact Us:

3222 North High Street / Columbus, Ohio 43202
(614) 268-3539

Senior Services Staff :

Megan Gish, Senior Services Director
Justin Dumond, PFM Outreach Worker
Sarah Helmuth, PFM Outreach Worker
Karen Hutchins, Outreach Worker
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Geneva Starr, Outreach Worker

Interns: Anita Mobley-Clemons

Reuben Shendo, Transportation Coordinator

Drivers: Ken Andrews, Jack Blakeslee, Jay Blakeslee, Charles Douglas, Sara Johnson, Gail King, Chuck Lott, Robbie Martin, Ken Paro, and Bud Wilkinson.



Advisory Board:

Julie Boyland
Ann Gazelle
Bill German
Helen Keyes
Wilma Myers
Becky O’Healeigh
Mary Rose O’Reilly
June Paine
Cheri Reinhart
Sylvia Waller

The CRC’s Senior Supportive Services’ Advisory Board meets once a quarter to help plan the *Northstar!*



3222 N. High St.
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614-268-3539

